



Don Bosco Anbu Illam Newsletter

25, Kulandai Street Park Town, Chennai-03



Volume:4 Issue:1

January- February 2019

EDITORIAL

Dear Readers,



I am indeed very happy to write few lines in this Bi-monthly E-Newsletter on how we could help our children to handle pressure and fear during the exam days. Today children find it difficult to cope up with pressure.

"If 4 things are followed – having a great aim, acquiring knowledge, hard work and perseverance – then anything can be achieved", Dr. APJ Abdul Kalam.

Dr. Kalam's life is an inspiration for everyone, young and old. He struggled to survive in his early years, often going without food. Yet he never lost focus of his aim in life.

So strong was his determination to succeed the hard way that he even studied under the street lights. Sometimes, hardship brings out true character. Dr. Kalam was one such person who remained humble no matter how high he progressed in life. From being a poor deprived student, to becoming India's foremost atomic scientist and professor and finally the people's President. Thus his life has become message, especially for the young children and youth of today who are constantly facing the challenges of life.

Life's challenges are not to break us but to make us better, if we accept it the right way. It is the same with examinations which are a test of opportunity. We are now in the examination season when the marks one earns will determine the course of career one can be eligible for. The purpose of exams is to make us prepare in advance so that we can become more competent in life. When preparing for exams, most students experience high stress because they are more focused on the results and not on the process of learning. If children can shift the focus from the result and begin to focus on the way they should learn to develop knowledge that can be put to pen and paper, they will learn without stress and when you learn without stress, you will perform better.

To excel in exams, let us help our kids to set daily goals, ensure good sleep, food and plenty of water. Prayer is also fundamental. Cut out TV time and other distractions over phone and social media use. Let us help them to stay calm, stay disciplined and stay focused. That should be the watchword for students these days. The board examinations are about to begin and so let us encourage them that they may do their best and not get broken by the challenges they face. Finally we should make the children understand that life is not all about exams but a part of life.

Fr. Joseph Leo

SHELTER HOME PROGRAMME

PONGALO PONGAL CELEBRATION



The staff members of Don Bosco Anbu Illam Celebrated Pongal with our children on 17th January, 2019. Our Boys welcomed the Chief Guests and others with traditional Parai Attam. **Fr. Edwin Vasanth**, Director of Pope John's Garden inaugurated the pongal celebration and addressed the children in Saranalayam. Our DBAI Staff organized games for our children and the day was filled with traditional and cultural games. Special thanks to the staff who organized and spent the entire day with our children. Fr. Joseph Leo, Director of DBAI Presided over the function and he also participated in the games. Altogether it was a great celebration.



MEDICAL CAMP

DBAI Organized General medical camp for our shelter home children (Boys & Girls) along with Health Department, Greater Chennai Corporation on 12th January 2019. **61 children** benefited by participating in Health Checkup.



DBAI CELEBRATES FAMILY DAY



On 27 January, 2019 we celebrated '**DBAI Family Day**' at our Bosco Illam. A day dedicated to remember and to thank God for his love to us through our benefactors, friends and well-wishers. The programme was started with the small prayer service organized by Fr. James followed by Rev. Fr. Leo Joseph welcomed all our benefactors and friends.

We began the cultural programme with the Bosco Illam band, and then we presented the annual report of the year 2018. Our children performed puppet show which made all the spectators to look with wonder. Our Saranalayam girls gave a dance performance. A video on Don Bosco was presented. Our children performed Parai Attam and beat boxing. Fr. Joseph Leo interacted and thanked the benefactors and distributed the mementos.

FOUNDER'S DAY (DB FEAST)

The feast of our Father and Founder Saint John Bosco was celebrated in a remarkable manner on 31 January, 2019 in Bosco Illam to honor and thank God for the gift of St. John Bosco. The event was made joyful by the presence of our staff, well-wishers, Saranalayam girls and Bosco illam boys. Feast Mass was solemnized by **Fr. Joe Andrew SDB**. The day was made enjoyable by the cultural programme in a mime skit on early life of Don



Bosco. After care home boys presented a dance. Our volunteers gave a dance performance and as the culmination of the program salesians staged a skit on Don Bosco. Mr.Ashok and Mr.Ramesh organized special games for staff members together with the children in the afternoon. Finally staff and children had volley ball match. The feast of St. John Bosco came to a memorable end.

RALLY ON SHELTER FOR HOMELESS

On 8 and 9 February 2019, DBAI Shelter for homeless organized a Rally on awareness about Shelter for Homeless to the general public about NULM (National Urban Livelihoods Mission) with the guidance of Greater Chennai Corporation. Inspector from P6 Police station, Kodungaiyur & M6 throughout the rally. Mr.Sathiyar, Self-Protection. Two rallies were conducted separately for boys and girls. For Boys Home, rally started from Indian Bank and it ended at P6 Police Station and for girls home it was 2 km rally started from Manali bus stand and our children distributed the pamphlets. Our special thanks to P6 & M6 Police station for their support and guidance.



SHELTER FOR HOMELESS REACH OUT



DBAI-Shelter for Homeless gave an awareness about **Greater Chennai Corporation (GCC) Shelter for Homeless (Night Shelter)** to Social Work students of Mar Gregorios College on 12 February, 2019. More than 60 students participated in the program. We also distributed the pamphlets about GCC with shelter details of Chennai Zone.



INTER SCHOOL SPORTS KARATE

25th Chennai Inter School Sports Karate Championship was held on 10th February 2019 at Kerala Vidhyala School, Purasaivakkam, Chennai at 10:15am. From Don Bosco Anbu Illam there were about 8 Children who went for the competition. The main objective is to promote self-defense and bring harmony among the children. Boys and Girls are taught to bring confidence among them. There were about 625 Children appeared in the competition respective of their age category. Master K.Siva Subramani from DBAI won the third place in Kumi and Master M.Arun from DBAI won the third place in Katta. Thanks to Master P.K.Kishore Kumar for training our Children.



PAST PUPIL MEET

Every parting is a form of death, as every reunion is a type of heaven.

On 10 February 2019, DBAI organized Past Pupil's Meet of our Anbu Illam Children (2007-2018 Batch). 35 members participated in the programme. Special Invites were Fr.Johnson Bashyam, Former Director of DBAI and Sr.Jayaseeli Former Girls Home In-charge. The programme was presided by Fr, Joseph Leo, Director of DBAI & it was organized and coordinated by Fr.James and Mr.Moorthy.



SCOUT FOUNDER'S DAY- THINKING DAY



CHILDLINE PROGRAM

SCHOOL AWARENESS PROGRAM

The Childline Team along with the field work students gave awareness program in the below mentioned schools. The Childline Team members visited the schools everyday to give school awareness about Childline. The Childline Team members were able to visit 10 schools and have given the awareness among the school students.. The Childline Team members distributed the posters and stickers related to Childline.

S.NO	NAME OF THE SCHOOL/ADDRESS	TOTAL STRENGTH
1.	CGHS IRUSAPPA STREET	110
2.	CHS KILPAK	144
3.	CGHSS.M.H ROAD	240
4.	CGHS	200
5.	CGHSS SAIDPET	135
6.	CHS VANYATENYMPET	42
7.	C.B.H.S.S LLYODS ROAD	60
8.	C.G.H.S.S MARKET STREET PERAMBUR	175
9.	C.H.S.S PATEL NAGAR TONDIARPET	195
10	C.H.S.S.KAMARAJAR SALAI KODUNGAIYUR	126
TOTAL		1427



RESOURCE ORGANIZATION MEETING AT GOVERNMENT CHILDREN HOME FOR BOYS, ROYAPURAM

On 8 January 2019, Resource Organization Meeting was organized at Royapuram. Childline Indian Foundation (CIF) staff explained about the Childline, problems and challenges faced by the Childline, outreach programme, need of care and protection of the child and also explained about the Child Protection Policy. The members also shared their experience and the challenges they faced while handling the cases.



CHILDLINE OUT REACH



On 16 & 17 January 2019, Childline outreach program was organized at Chennai Marina Beach. The Childline Team set up a Child Help Desk Stall at Chennai Marina Beach along with our social work students. The team was able to rescue and rehabilitate 86 Children with the help of the police. The Childline team members also gave awareness on Childline to the general public and distributed the pamphlets.

EXHIBITION CENTRE



The Childline Team has put up a stall for the Exhibition which is happening opposite to the Chennai Marina Beach. The Childline Team also prepared a Wish Tree, where all the child abuses were mentioned. The Childline Team member explained each abuse to

the visitors.

COMMUNITY DEVELOPMENT

STAFF CAPACITY BUILDING

On 12 of January 2019, training on Youth Engagement Skills has been organized at DBAI Head Office. Mr. Joseph Irudhiyaraj and Mr. Nirmal Kumar from Don Bosco Vazhikatti were the resource persons for the day. The animation was on topics such as various tools and methods used for engaging youngsters, leading youngsters in benefit - centered environment, steps to improvise livelihood of youth etc.



BOSE MEMORIAL SCIENCE EXHIBITION

Subash Chanadra Bose's birthday was celebrated differently by our children on 23rd January 2019. Community level science exhibition was arranged in which our children exhibited good number of experiments. Through this event, we kindled the interest of learning through experimentation among young minds. Some of notable models are Solar system, Volcano, Power Potato etc.



REPUBLIC DAY



India's 70th Republic day was celebrated by ICSC at Ondikuppam in which Mr. Jai Kanth, community head unfurled the tri color and distributed school bags for children. Youth group members with the leader made all arrangements for the celebration.



PAPER BAG PRODUCTION CAMP



One week paper bag preparation camp was arranged in order to kick start paper bag production at Villivakkam. For this camp five of our staff members were deputed and they produced nearly 500 bags. We thank Mrs. Hephzibah for giving train-

ing all five days.



NATIONAL GIRL CHILD DAY



On 25 January, 2019 National Girl day was observed at St. Theresa's Higher Secondary School in partnership with World Vision India. Through this event we gave awareness for nearly 300 girls. An awareness skit and songs were performed during the event. Prizes for active participant were distributed. This event was presided over by Fr. Joseph Leo and Headmistress. The event concluded with oath taking.



LSTD WORKSHOP



On 8 & 9 February 2019, ICSC organized two days workshop on 'Training of Trainers' under staff capacity program. This program was organized for field workers in collaboration with World Vision India. This workshop included session on LSTD-Life Skill Teaching Development training, qualities of teacher (Story Telling, Story Mapping, Chart Writing, sing a song, dance, Qualities of teacher etc.



DBAI-HCLF PROGRAMME

PONGAL CELEBRATION AT VTC

On 12th January, 2019 DBAI-HCLF VTC Celebrated Pongal at our Kodambakkam Club. 60 students participated in this programme. Students performed dance, drama and singing. We also distributed Gift Boxes to all the students.



SCOUT ORIENTATION CAMP REPORT



On 5, 6, 12 & 13 of January 2019, DBAI HCLF A1 organized Scout orientation Camp at SEYYUR, Kancheepuram and at Scout Office, Chennai. In this orientation program, 75 children from seven clubs participated and benefitted out of this programme. The resource person **Mr.Ashok** educated the children about the history of scouting and importance of scouting.

ENVIRONMENTAL EXPOSURE VISIT

DBAI-HCLF A1 organized two days environmental exposure visit at JAWATHU HILLS, THIRUVANAMALAI 13 & 14 January, 2019. In this exposure visit children learned many things about the nature of Tribal agriculture farming, knowledge on variety of tress, General knowledge on Millet Varieties of such as Pearl millet (kambu), Finger Millet (Kelvaraku) Fox-



tail Millet (Thinai), Kodo Millet (Varagu) Barnyard Millet (Kuthiraivali) Little Millet (Saamai) Sorghum (Cholam). The children also learnt about the life style of tribal people and the problems faced by them. On 13th Camp fire was conducted for the children where they performed dance. On the 14th early morning, the children were taken a long walk to visit the village and to enjoy the pleasant morning. The children had a very good experience throughout the camp.

DBAI HCL KANNAGI NAGAR PONGALCELBRATION

On 14th January 2019, DBAI HCLF A1 Celebrated Pongal festival with Mr. A.K. Vishwanathan, Commissioner of Police, Chennai. Top Police official participated in this event. Mr. Newton from HCL Foundation and Fr. James-Don Bosco Anbu Illam also participated in this Pongal festival with community Children. The Commissioner of Police felicitated the opening of the compound wall at Kannagi Nagar Police boys and girls club.



DBAI HCL STAFF CAPACITY BUILDING



DBAI HCLF A1 Organized the staff capacity building at sea breeze on 19 & 20 January 2019. The Main core of this program was to evaluate on the activities performed in the previous month and the challenges faced by the stakeholders and the development of the clubs as well as the community.

Mr. Newton (HCL Foundation Associate Manager) gave orientation about the programs a feedback session was done on the development and achievements of the club and the children.

Mr. Charles (HCL Technologies Senior HR Manager) gave orientation about the importance of girl children's safety and also enhanced the staff members on good touch & bad touch An exercise on SWOT (Strength Weakness Opportunity Time) analysis was also done for the staff members.

SEMINAR ON "HOW TO FACE THE EXAM FEAR"

On 10th January 2019, DBAI HCLF Children's Club conducted one hour seminar at Arumbakkam Police Boys and Girls Club on how to face the examination fear and how they have to prepare for their public exams especially for 10th, 11th & 12th standard Children. Resource person for the day was Fr. James, Administrator of DBAI gave few tips to prepare for the Board exams. On 13th February, we organized the same seminar for Kodambakkam Boys and Girls Club. 46 Children Participated in this programme.



DBAI-HCL CULTURAL DAY CELEBRATION

On 26th January 2019, DBAI-HCLF A1 celebrated Cultural day celebration at St. Gabriel Hr. Sec. School. In this celebration we reborn our Tamil Traditional dance to by via children's. In this celebration children from 12 Clubs participated. Each Club Performed a Dance & a Song. The Chief Guest for the day was Fr. Moses (St. Gabriel Hr. Sec, School) and Mr. Pandiyan (Sub Inspector of Police) Muthiyalpet. Other special Judges were invited to evaluate their performances Mr.Raj Kumar (Dancer) and for Song competition, Fr. James and Bro.Cyril for the Cultural events.

DANCE - WINNERS			SINGING - WINNERS		
					
ARUMBAKKAM CLUB	KANNAGI NAGAR CLUB	KODAMBAKKAM CLUB	KUMARAN NAGAR	THIRUVOTTI-YUR CLUB	MADHURAVOYAL CLUB





NIGHT VIGIL CAMP



The night vigil camp at Thoraipakkem police boys and girls club was organized on 25th January in collaboration with DBAI-HCLF and CANCER INSTITUTE, Chennai. Resource Person for the day was Mr. Sathish, from cancer institute gave awareness about the effects of tobacco and tobacco related problems. Mr. Ashok also educated the children about the alcohol and other substances. Ms. Rajeshwari and Ms. Kavitha from DBAI Childline gave awareness about the child rights and Childline 1098.

Another session by Mr. Arul Joseph from cancer institute gave awareness about the life skills such as communication, behavior modification, self-motivation, good manners and on personality development. We also conducted games for the children and we had camp fire. Mr. Charles (HCLF senior HR Manager) conducted the session on Transaction analysis. At the end of the night vigil camp, prize distribution session was conducted by police boys and girls club scout master. The prize for the winner were given by HCLF volunteers, and this programme was successful way of completed. 70 Children participated in the camp.

SCOUTS AND GUIDES

DBAI HCLF A1 organized one day scouts and guides orientation camp on 3th and 9th February 2019 at Maduravoyal & Thoraipakkam police boys and girls club. Resource person for the day was **Mr. A. SRINIVASA RAO - HWB/S** and the scout masters team gave an orientation about the history of scout, scout movement, taught flag song, national anthem, calling caution, motto of scouts. Around 92 children participated in this programme. It created a great impact among the children and finally this programme came to an end with a vote of thanks given by Mr. Ashok.



DBAI HCL SCOUT TESTING CAMP

On 17th February, 2019 **DBAI HCLF A1** conducted one day scout camp at Don Bosco, Hr, Sec, School Vyasarpadi in which 76 children participated. **Fr. Joseph Leo, Director of DBAI** also participated in observing a minute silence and offered candles for the souls who died in Kashmir pulwama attack. **Mr. Kishore (Rastapathi Ranger)** conducted the scout oral exam for the children. **Rev. Fr. Thomas (District Organizing commissioner)** conducted written exam for the children.



DBAI HCL - MEDICAL CAMP

DBAI HCLF A1 organized free medical camp at Semmancherry police boys and girls club on 24 February in collaborating with **SAISHAKTHI HOSPITAL**. In this medical camp Eye Checkup, Blood Pressure, Sugar Test, and general checkup were conducted. In this medical camp power of one Merck Project HCL volunteers 15 members also participated. 121 members were benefited.



MY COMMUNITY INAUGURATION FUNCTION

DBAI-HCLF My Community project inaugurated "After school study Center" on 24th January 2019, at Gandhi nagar, Sholinganalur. Ms. Nidhi Pundhir inaugurated the Centre and visited our lab. Ray of hope lies in lights with that note, **Ms.Nidhi Pundhir, Ms.Simy Suri- AGM-HCLF Foundation, Fr. Joseph Leo, Director of DBAI** lighted the lamp. Fr. Joseph Leo welcomed the gathering and educated the children about secret of success. Our chief guest gave a wonderful speech about the importance of girl children and narrated few inspirational examples to them. She also conveyed her wishes for **NATIONAL GIRL CHILD DAY** to the people presented over there. Tree saplings were planted by Ms. Nidhi Pundhir on our auspicious inaugural function.



EXPOSURE VISIT

On 1 February 2019 DBAI-HCLF VTC students visited HCLF Sholinganalur for their Exposure visit with 34 members. Students were very much excited to visit HCLF. They also learned about the process of HCLF. They visited the campus with the Help of Sriram and Newton sir from HCL Foundation. The program was overall coordinated by Ms. Suganya Karunanidhi.



Work hard in silence, let
your success be your noise.

Frank Ocean

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Fr. Joseph Leo

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GOOD LUCK
FOR YOUR
EXAM
AND
DO THE BEST



Upcoming Events

8 March
International Women's Day



**FREE
MEDICAL CAMP**

