

Editorial



Dear Readers,

The world stands in need of healthy environment today for the future of our generations. Children are in need of this healthy situation to grow happily. Thus, people insist very much on the Mental Health.

As we are taking the lower stride and looking at the declining curve in the Covid cases, we have a huge responsibility or rather grave emergency, as grave as Covid, to handle before us. That's the Mental health care of our children.

The mental health of millions of children worldwide has been put at risk, with at least one in seven forced to remain at home under nationwide public health orders - or recommendations - during the COVID-19 pandemic. More than 330 million youngsters have been stuck at home, till March 2021, for at least nine months, since the virus spread uncontrollably this time last year. (Refer: Unicef.org)

Grief of losing known people during pandemic and agony of not able to see their faces too before burial or cremation, fear and uncertainty of future, unexplainable social isolation, increased screen time and parental fatigue have negatively affected the mental health of children. Friendships and family support are strong stabilizing forces for children, but the COVID-19 pandemic has also disrupted them.

It has become difficult for parents to calm their children's anxieties because of the uncertainty and stress in their own lives. I have personally witnessed children getting irritated at the sight of their Parents. The occupational or emotional challenges parents face is interfering with their usual ability to address their children's needs and worries.

It is not unusual for children to experience negative emotions such as fear, disappointment, sadness, anxiety, anger, loss etc. But it is the prolonged, restrictive, and widespread nature of the COVID-19 pandemic that has exacerbated the situation.

Few important take homes for Parents & Educators: Being a Parent is not an option but a deliberate choice; definitely not a part time job but a full time Life Decision. It's a daily challenge to be a Parent. The best way to help your children in their emotional health is to take care of your mental Health FIRST.

Self - care is not being selfish. It enables you to be there for your children as a stable, calm and soothing parent to attend to their emotional struggles. Be calm and proactive in your conversations with children.

With regards to school, the educators and care takers, please engage the children in creative activities like painting, drawing, clay making, story - telling, sharing, music, singing and help them to express and communicate any negative feelings they might have gone through or going through.

In these challenging times, make sure to create an environment of positivity at home and school to try to make children feel happy and relaxed.

Take care of yourself too - because if you are happy, your family will be happy.

LOVINGLY

Fr. Joseph Leo



TEACHERS' DAY CELEBRATION

On 5th of September we celebrated teachers' day in our Bosco Illam. Our children organized a mega celebration for all the staff members of our home. All the Salesians, sub-wardens, Football coach, Band Master and Yoga master were invited for the celebration. The celebration began at 6.30pm. All our children expressed their sentiments of love and gratitude through various cultural events and felicitated each staff with greeting cards signed by all the children and honored them with shawl. Our children also praised all the staff members with their melting poems for each staff. The guest performance was given by our football coach Mr. Amal Raj. The celebration came to an end with solemn dinner.



BIRTHDAY CELEBRATION OF FR. ARULANAND

The birthdays of every staff member in a shelter is very unique and important moment to celebrate to thank him\her for the wonderful and dedicated service that he\she has done for the poor children. Thus the community of Don Bosco Anbu Illam was privileged and happy to celebrate the birthday of Fr. Arulanand, the dean of studies for our children. The birthday celebration started with wishing the birthday baby with songs and band pieces in the morning. The Salesians wished and honored him with the shawl and garlanded him. At 5.30 pm we had solemn Holy Eucharist wherein all the Salesians, Wardens, Boys and girls from Saranalayam actively participated.



The birthdays of every staff member in a shelter is very unique Our children expressed their joy, love and affection towards him by performing various programs. At the end of the family circle Fr. Arul thanked the community, the Salesians, the wardens, the sisters, boys from Bosco Illam and girls from Saranalayam for their love and affection. The Celebration ended with the sumptuous dinner.

OUTING TO ST. BEDE'S COMMUNITY AND BEACH



The management had planned to take our Bosco Illam Children for one day outing to the Marina Beach Chennai. On 16th of October we took all our children for a day out to St. Bede's School and to the Marina Beach. The children enjoyed the place, the nature and the beach that they visited. All the Salesians and other staff members accompanied the children. We started our journey at 8.30am and reached St. Bede's Community at 9.45am. Then we had some input session by Rev. Fr. Arockia Dass, the Principle of Domnic Savio School, Santhome. He spoke to the children about how to take right decision in their lives. After the lunch, we had party games and volleyball match among ourselves. At 2.30pm, we departed to the Marian Beach where the children played games and had photo sessions. We came back to the home at 7.00pm.

WORLD MENTAL HEALTH DAY

The community of Don Bosco Anbu Illam was very happy to organize the seminar for our children on the topic 'World Mental Health Day.' The seminar was conducted on 11th of October. The resource person was Professor Amalraj, Mahathma Gandhi College, Chennai. He highlighted the importance of the day and insisted that we need to take care of our mental health which equally as important as physical health.



The resource person also conducted various party games and quiz competitions to keep the children free from the mental tiredness and stress. A special appreciation was given to the Management and Mr. Ashok Bosco, the Warden at Bosco Illam for arranging and executing the seminar for the children which was very important phenomena for the holistic growth of each and every child.

WORLD DISASTER MANAGEMENT DAY

On 12th of October we celebrated the World Disaster management day in our Bosco Illam. One day seminar was conducted for our children on the theme 'Disaster Management.' The resource person was Mr. Lawrence, world disaster management inspector. He spoke about the different disasters that take place in our country and in the world; he also shared the safety measures that we need to follow when we meet with natural disasters.

The speaker has not only shared his views verbally, but also demonstrated the boys about steps to be followed when we meet with any accidents and disasters. The children actively participated in the session and learnt to manage any situations of disasters.



PSYCHO-SEXUAL MATURITY

A seminar on Psycho-sexual Maturity was conducted for our children on 19th of October 2021. The resource person Mr. Einstein separated boys in two groups. Morning session was conducted for senior boys and a session for junior boys was conducted in the afternoon. The seminar was conducted for the children to have a holistic maturity as they grow.

The resource person spoke to the children about the physical changes that are happening in their body and to take care of it with utmost care and concern. Mr. Einstein also addressed various problems that the children are facing at this age, both physically and emotionally. The children shared their learning about their understanding on physical and emotional change at the end of the day.



CHILD LINE INTERVENTIONS

Child line received 65 intervention calls out of which 63 calls via child contact center and direct calls were received. 36 Children were produced before CWC for the purpose of need care and protection. Almost 4 sexual abuse cases were received and for 2 cases team filled FIR and provided emotional support. 7 Ran away cases were received who were from other districts. The children were protected and safely reunited.

In the month of October Child line received 72 interventions calls out of which 87 calls were received from child contact center and through Outreach. 30 children were produced before CWC for the purpose of need, care and protection. 13 semi orphan and street children were provided with shelter. One FIR filled for sexual abuse case. 5 children were rescued from bonded labour with the help of department of labour.

RAID TO HELP

Team arranged a Begging raid from Besant Nagar to Adyar beach along with SJPU (Juvenile Justice Police Unit) which will be helpful to rescue the children who are involved in Begging. Through this raid team, we rescued 12 Children and they were restored after proper verification.



AWARENESS PROGRAMS AND BENEFICIARIES

During the month of September 2021 Child line team conducted 12 outreach awareness programs through which around 2153 children were benefited. Child line team conducted five awareness programs for Children, Women, and Allied department through which 304 beneficiaries were reached.

On 28th of October awareness was given to Social work department students from Anna Aadharsh College and for nursing college students about Child line activities, Child marriage were. The program was organized by administration at Don Bosco School, Vysarpadi and Don Bosco Roypuram, Chennai. Total no. of 24 students benefitted through this program.



OPEN HOUSE PROGRAM

Child line team conducted Open House Program on 27th of Oct 2021 at Tondiarpet regarding Child Marriages. The Chief Guest was invited from DCPU, DSW, Police and NGO. Team identified recurring problems in the community and addressed the same. Total no. of 185 beneficiaries participated in that program.



OUTREACH PROGRAMS

The team organized 10 individual outreach programs wherever the population was high. Through this activity 815 beneficiaries were covered. Child line awareness was conducted among school children.

SPORTS BUS INAUGURATION

Don Bosco Anbu Illam- HCL Foundation Excellence Sports bus was officially launched at Kannagi Nagar Playground on 31st August 2021, for students to travel safe in different location and equip with proper sports facilities. The program was kickstarted by welcoming the guest and gathering by Fr. Joseph Leo, Executive Director, Don Bosco Anbu Illam. followed by honoring the special guests of the day with the small miniature of our Sports Excellence Bus. Mr. Prijoe Tharu, Manager, South Operations, HCL Foundation gave briefing about the sports initiatives of HCL Foundation. And 8 Sports achievers were awarded with mementos for their performance and involvement in their respective sport. Keynote address was delivered by Ms. Nidhi Pundhir, Director, HCL Foundation stating this initiative as "Dream on Wheels".Afterwards Ms. Anitha, Sports scholar who is a National Kabaddi player shared her inspirational expedition with Sports for Change. continued with special address by Mr. Albin Raj, Inspector - J11 Kannagi Nagar Police Station. Flagging off the Excellence bus was carried out by Mr. Albin Raj, The Inspector of Police, J11 Kannagi Nagar Police Station & Ms. Nidhi Pundhir, Director, HCL Foundation in the presence of Fr. Joseph Leo, Executive Director, Don Bosco Anbu Illam, Elite players and HCL Foundation team. The bus features were explained to the guest and others by Newton Raj, Deputy Manager, HCL Foundation. Excellence program students got into the bus after the flag off for a ride with the bus animators and the inauguration ended with National Anthem.



CORONA AWARENESS VEHICLE

Don Bosco Anbu Illam- HCL Foundation officially launched Corona Awareness Vehicle during Scout Green Garden Inauguration on 1st September 2021. The vehicle was flagged off by Ms. Nidhi Pundhir, Director, HCL Foundation and Mr. Mahendran, Deputy Commissioner of Police, Adyar. The whole model is been carried in a Tata Ace with visual board mainly to spread awareness around the community. It is moved all around Chennai covering 62 days in and around different locations. Around 1,47,200 community will be benefitted with this awareness, indeed it leads society to get vaccinated soon to eradicate COVID- 19.



SCOUT GREEN GARDEN

Don Bosco Anbu Illam- HCL Foundation, young people are given opportunities to experience and connect with nature through the medium of Scouting. Nature is the central component to Scout being one among the nine elements of Scout method. Environmental protection notion created by scouting plays a key role to be active citizens for the society. Fifth point of Bharat Scouts and Guides Law states that "A Scout is a Friend to Animals and Loves Nature". We centralize on this point on our day-to-day activity and give awareness to public on tree plantation, saving the water body system and nature. Don Bosco Anbu Illam-HCL Foundation Scout Troop has proposed a plan to create a Scout Green Garden highlighting the importance of maintaining the Environment for oneself as well as for the upcoming generation. We plotted J9 Thoraipakkam Police Boys and Girls Club, Kallukkuttai for the garden. The aim behind the garden is to highlight the importance of maintaining the environment for oneself as well as for the upcoming generation, likewise prevention of anti-social activities, and equip the Scout kids with a unique and relevant teaching opportunity on Miyawaki plantation which shall serve as serene study corner and to show Scout students live gadgets inside the garden which will be a place of exposure for the Scout team and also to public. Around 1 lakh families prevail in Thoraipakkam community. It indeed helps 120 Scouts and Guides students from different clubs to know the importance of preserving nature and also to gain practical knowledge. The troop has already given their contribution by painting the walls to spread social awareness, nurturing the plants and planting saplings to reduce pollution and control climatic changes. Not least of all, the garden supplies more oxygen absorbing the carbon dioxide.



50TH DAY READERS PROGRAM CELEBRATION

On 5th September, 2021 Don Bosco Anbu Illam - HCL Foundation hosted "50th Day Reader's program Celebration" at Marutham Complex, Madras Boat Club by 4 PM. The Chief Guest of the day, Dr. R. Thirunavukarasu, I.P.S., Super intendent of Police-I, Security Branch CID, taught about the importance of reading, pride of "Thirukural", how to develop one's interest in reading thirukural and how it is related to our day to day life was explained. Fr. Joseph Leo - Executive Director of Don Bosco Anbu Illam and Fr. James Raj - Asst. Director of Don Bosco Anbu Illam facilitated the program. Reader's program was kick-started with 25 students where now it has equipped each individual with vast knowledge and effective communicable skills. A Thirukural Book with Dr. Thirunavukarasu's signature was distributed to our students, scout masters and DBAI staff. After that students shared their feedbacks and learnings from 50 days Readers Program. Finally, Dr. R. Thirunavukarasu sir gave his feedback on improvising their reading by organizing a direct meeting every 15 days where students can reveal their learning and gave his valuable suggestion to train students for "THIRUKURAL SELVAN" Award.



High Performance Football Coaching Camp for Girls



Seven days High Performance football coaching camp for girls was organized by The Don Bosco Anbu Illam Social Service Society - HCL Foundation from 13th of September 2021 to 19th September, 2021 at HCL Foundation Sports Complex, Balamandiram Hr. Sec. School, Madurai. A total of 20 girl-players participated from Chennai. The camp was inaugurated by Mr. Rajamanickam, Former Indian Footballer, and felicitated by Mr. Prijoe Tharu, Manager, South, HCL Foundation, Mr. Bopanna, Sports Consultant, HCL Foundation Chennai, Mr. Prabhakar, Senior Program Officer, HCL Foundation, Madurai.

The basic purpose of the camp is to offer systematic training and foster professionalism in players. The highest priority in the camp was given for improving physical stamina and technical skills. The camp sessions were designed for seven hours a day. It consisted of practices on technical competence and physical exercises in ground, workshop and theory classes & discussions in classroom. Girls High Performance football coaching camp is a kind of structured training program focused on improving strength and power of the players. A practice match was arranged between the camp players and SDAT, Dindigul on the last day. The training sessions were executed under the guidance of efficient coaches who have brought systematic changes in the players' existing strength and improved their shooting perfection.

CYCLE RALLY

Don Bosco Anbu Illam- HCL Foundation Scouts & Guides participated in the cycle rally on 18th September 2021 regarding the Conservation of Marine Eco system. HCL Foundation in collaboration with other partner NGO'S, took forward the initiative of in-situ Protection of Nesting grounds and prevention of by-catch mortality of the Olive Ridley Sea Turtles through various environmental education programmes and awareness workshops. 12 cycles were hired with pluck cards related to conservation of marine animals. DBAI- HCL Foundation Scouts and Guides participated under the guidance of Scout Group Leader & HCL volunteers. The rally was from Blue Beach Road, Neelangarai to Crocodile Park. Another key initiative of this program is the retrieval of Ghost nets from the pelagic zones and near shore regions of the ocean. The ghost nets are the discarded/damaged fishing nets which are thrown into the ocean by the fishermen. These ghost nets vary in size and dimensions depending upon the target species intended to be caught. Thereafter, visited VGP Marine Aquarium followed by meeting. The rally was mainly conducted to spread awareness and sensitize the local communities on Marine ecosystem.



GENERAL HEALTH CAMP & FIRST AID TRAINING

On 25/09/2021 Don Bosco Anbu Illam - HCL Foundation organized General Health Camp with the support of Apollo Foundation. It was from morning 8 am to evening 3 pm. Nearly 190 community people were benefited and received positive feedback regarding health checkup and hospitality. Apollo foundation also arranged First Aid Training for R2 Kodambakkam Police Children's Club students, Alumni students as well as Kodambakkam home guards nearly 51 persons participated in the training. Our Students got opportunity to visit ambulance setup and emergency functioning methods were explained.

After the training program we arranged a valediction ceremony for health camp, where Mrs. Rajeswari, IPS., (Joint Commissioner - Police Boys & Girls Club) and Mr. Harish Kiran, IPS., (T. Nagar, Deputy Commissioner) participated and facilitated the program. Fr. Joseph Leo, Executive Director of DBAI, Mr. Newton Raj, Deputy Manager, HCL Foundation, Mrs. Mythili, Apollo Hospital Senior Managers & team also showed their participation. Kodambakkam students, Alumni's and SDC students also took part for this program. After which, Joint Commissioner & Deputy Commissioner visited our Kodambakkam club and given a very good feedback about the club activities.



EVENTS OF SARANALAYAM



HEALTH CAMPS

Massive health camp on ophtho - care and vaccination drive were organized between 24th and 29th September 2021 at V.O.C Nagar, Perumbakkam, Vinayagapuram and Iyodhikuppam. Total of 284 people got benefitted via eye screening and consultation camp and 22 residents from Iyodhikuppam got vaccinated. Eye screening and consultation camp was organized with the support of Montfort Community Development Service and REACH Foundation. Vaccination camp was facilitated in partnership with YRG Care Medical Centre.

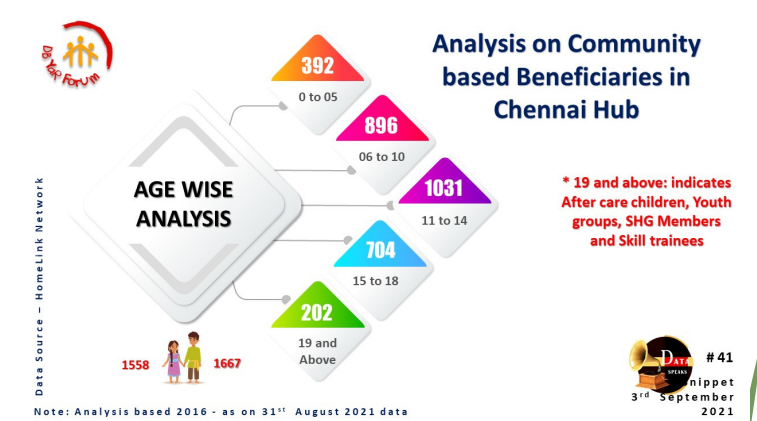
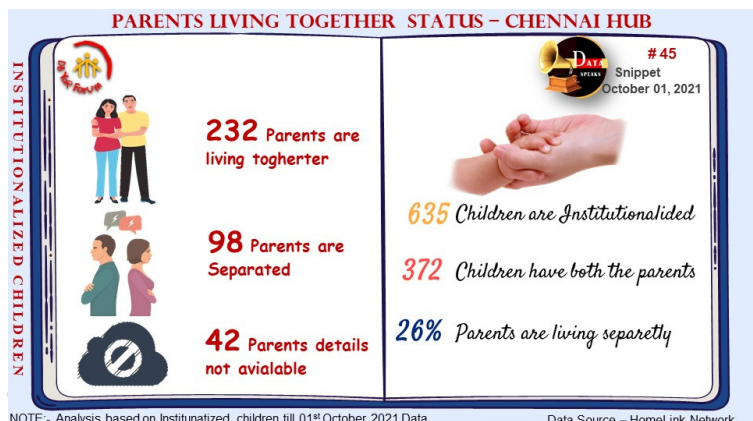
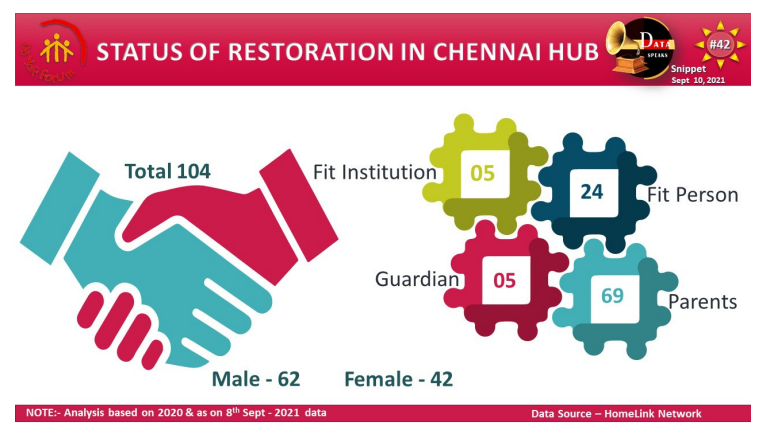
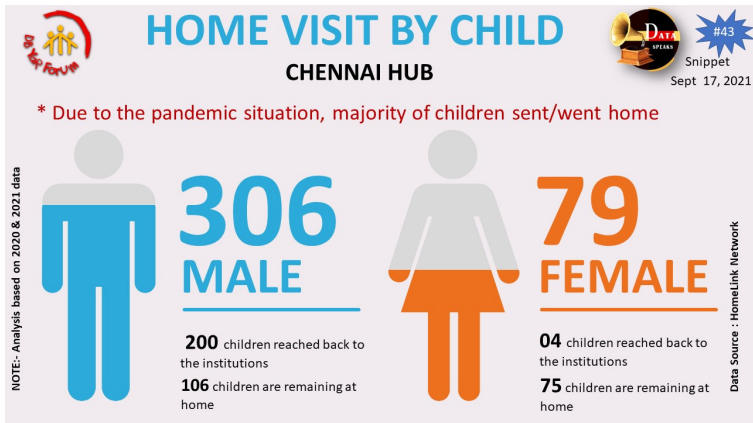
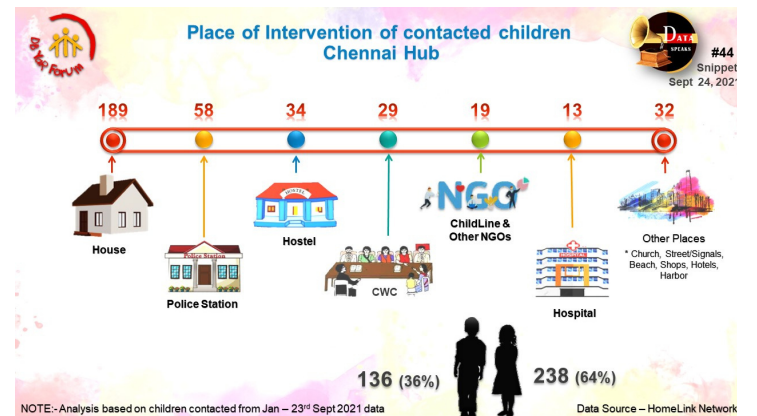
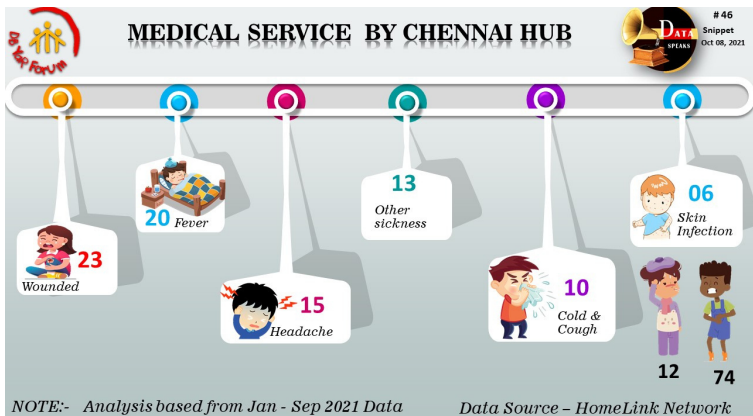
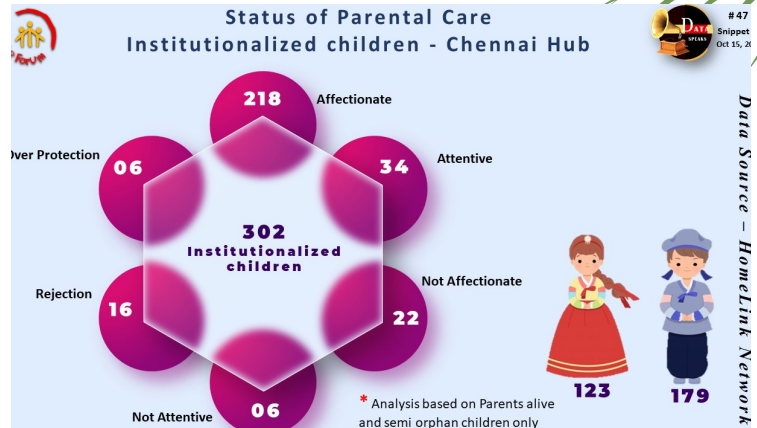
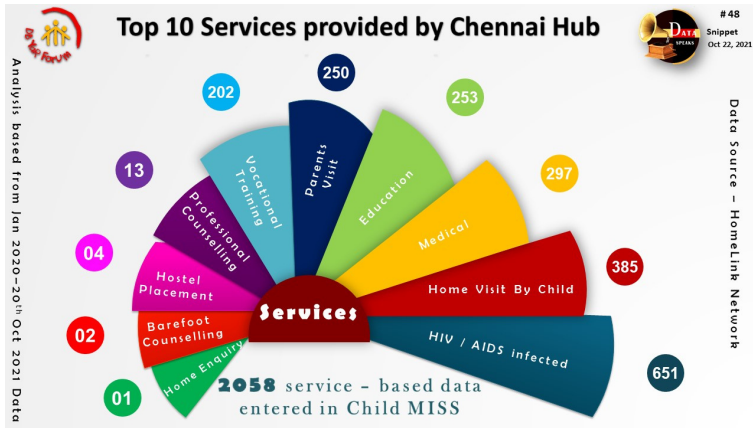


VOCATIONAL SKILL PROGRAM VALEDICTORY AND CERTIFICATION PROGRAM

Valedictory ceremony for batch 6 vocational training program conducted by DBAISSS was held on 14th September 2021 at Royapuram Anbu Illam campus. A total of 40 trainees received certificates on tailoring course. Rev. Fr. K.M. Jose and Rev. Fr. Anbu Francis distributed the certificates. On 23rd September 2021 Valedictory and certification program for batch 6 Central Government Certification program held at Royapuram Anbu Illam campus. A total of 45 candidates received the central government certificates. Mr. Thangavel, Director, Jan Shikshan Sansthan, delivered presidential address. Rev. Fr. Andrews Stephenraj, Director, Don Bosco Vazhikaatti and Rev. Chelladurai, Chairman YMCA were other dignitaries present during the event. Rev. Br. KulandaiYesu, Administrator, Don Bosco Anbu Illam presided over the function in the presence of Rev. Fr. Joseph Leo, Director. On 25th September 2021, YMCA in partnership with DBAI conducted certification program for 16 of its candidates.



SNIPPETS OF INM PROVINCE



FEED SMART RIGHT FROM START

In view of National Nutrition Week - 2021, Don Bosco Anbu Illam in partnership with Childline 1098 and ICDS conducted awareness program on child rights and nutritious food practices on 23rd September 2021 at Royapuram campus. A total of 60 people attended the awareness program and witnessed the nutrition exhibition. Mr. Daniel Cajendiran, Coordinator - Childline and Mrs. Meera from ICDS gave awareness on child rights and nutritious food habit respectively.



UPCOMING EVENTS



THANK YOU READERS

Editorial Board

FR. JOSEPH LEO,
MR. JAYAPRAKASH
MRS. TRYPHENA
LAYOUT & DESIGN
MRS. JYOTHI PRIYA

Contact Us

THE DON BOSCO ANBU ILLAM SOCIAL
SERVICE SOCIETY
NO.25 KULANDAI STREET, PARK TOWN,
CHENNAI-03
PHONE: 25352101/6885
MOB:9444031098
E-MAIL:
DIRECTOR@DONBOSCOANBUILLAM.ORG
WWW.DONBOSCOANBUILLAM.ORG